

- Seek medical attention, telling provider you may have COVID
- Isolate at home for 10 days
- Provide test result to instructors & peers
- Follow doctor's orders

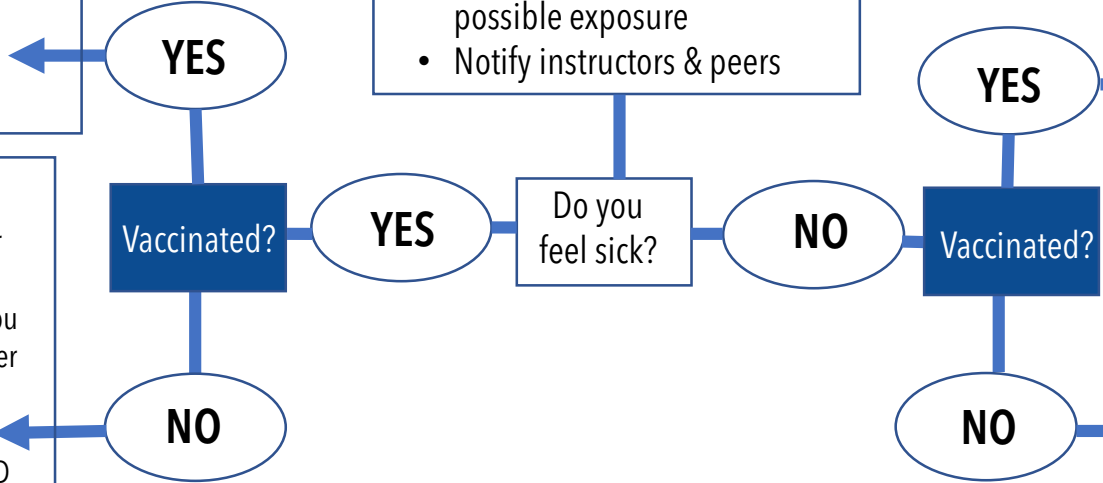
For more info, visit the CDC site below  
[When You've Been Fully Vaccinated | CDC](#)

- Stay home except to get medical care
- Rest, stay hydrated, use over-the-counter medication if needed
- Stay in touch with your doctor; should you need medical assistance, let your provider know immediately that you may have COVID
- Update instructor & peers, provide COVID test results
- Avoid public transportation
- Separate yourself from other people
- Notify close contacts of your situation
- Monitor your symptoms, looking for **emergency warning signs** (trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, and pale, gray, or blue-colored skin, lips or nail beds).
- Seek immediate medical attention if necessary

For more info, visit this CDC link:  
[What to Do If You Are Sick | CDC](#)

## What to do if you were potentially exposed to COVID-19

- Get tested 3-5 days after possible exposure
- Notify instructors & peers



## Find COVID-19 vaccinations in Georgia

[COVID Vaccine | Georgia Department of Public Health](#)

- Self-monitor for symptoms for 14 days.
- Continue to wear your mask - especially indoors
- Social distance when possible
- Wash hands often
- Provide test result to instructor & peers

- Self-monitor for symptoms for 14 days.
  - Quarantine at home for a minimum of 7 days IF
    - You do not experience symptoms
    - You tested negative
  - If you are unable to get tested, you may discontinue quarantine after 10 days - IF no symptoms have emerged
  - Provide test result to instructors & peers
- For more info, visit the CDC site below  
[Isolation Guidance | Georgia Department of Public Health](#)



## COVID-19 symptoms

- Fever or chills
- Cough
- Sore throat
- Shortness of breath/difficulty breathing
- New loss of taste or smell
- Muscle/body aches
- Fatigue
- Headache
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Sources: Georgia Dept. of Public Health, CDC