



STUDENT ASSISTANCE PROGRAM

It is no secret, life can get complicated. But don't worry - your Student Assistance Program (SAP) has you covered! SAP offers a comprehensive set of services designed to improve your quality of life and assist with life's unexpected challenges.

Free Confidential Services Available 24/7/365:

- Legal Support
- Stress Management
- Financial Consultations
- Childcare Resources
- Academic Challenges
- Emotional Issues
- Pet Care Options
- Relocation Services
- Family Concerns
- Substance Abuse

 Call **866-734-5890**

 To Chat - **Text 94097**

 Visit **www.espyr.com**