



Georgia Piedmont Technical College has partnered with ESPYR to provide students and their family members with a comprehensive Student Assistance Program (SAP) that is free and confidential. The SAP is available 24/7/365 and provides the following services:

#### Work-Life Services

- Legal consultation provided by attorneys. Simple Wills prepared at no cost. 24-hour emergency services, consultation with a mediator, consultation with a fraud/ID theft specialist are also included. A 25% discount off the mediator or attorney fees for services rendered beyond the SAP.
- Financial consultation regarding student debt matters, investment options, money management, tax preparation and consultation. Financial personnel services are discounted at 25% as are CPA tax preparation fees.
- Child care information and referrals for all types of child care, as well as camps and schools
- Elder care services to assess elder care needs, locate resources and arrange referrals
- Adoption specialists share information, organize and arrange referrals for all stages of this process.
- Academic resources including customized profiles of kindergarten through graduate school. College planning guidebooks are available. Referrals to tutors are available.
- Pet care services that offer referrals to breeders, groomers, walkers, sitters, kennels, vets, and pet publications.
- Special needs services and referral to assess student needs, educate, and make referrals for various special needs affecting students and their families such as heart disease, ADHD, disabilities, diabetes and more.
- Daily Living and Concierge resources that provides referrals such as for home improvement resources, cleaning services, travel information and more.
- Relocation services and referral information provided to students who are moving. Referrals include moving companies, housing options, utility companies, schools and more.

### **Counseling Support**

 Up to 4 sessions, per problem, of face-to-face counseling and referral for a full range of personal, family, school and work concerns. Counselors are located conveniently to your campus or home 24/7/365.

# **Coaching Services**

 Up to 6 telephonic coaching sessions, to address personal challenges such as time management, personal development, healthy lifestyle changes, etc.

### **On-Line Resources**

- The website offers educational screenings, assessment, videos, quizzes, courses, articles, financial calculators, child and eldercare service locators and much more. You many even confidentially request SAP services from the site. Topics covered include emotional wellbeing, relationships, health and wellness, financial, legal, personal and professional growth.
- Monthly Webinars
- Access to Espyr's mobile app that can be downloaded for free on the Apple Store or Google Play.

# ESPYR is here to help!



**Phone:** (866) 734-5890 **Text:** 94097 | **Online:** visit <u>www.espyr.com</u> and log in using your password: *GPTC1* – chat available with a live counselor

